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Announcement: Enrollment Open for "Yoga and Positive Psychology for Managing Career and Life" -Regarding

1 message

AICTE <no-reply@sampark.gov.in>
To: kistnellore@gmail.com

Fri, Feb 14, 2025 at 4:16 PM

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N amaste to All,

Warm Greetings from the IKS Division!

The **Indian Knowledge Systems (IKS) Division** is pleased to facilitate the promotion of the course "**Yoga and Positive Psychology for Managing Career and Life**," offered by **Prof. Ashish Pandey from IIT Bombay**. This course integrates **Yoga and Positive Psychology principles** to enhance **self-management, career growth, and overall well-being**.

Course Details:

Instructor: Prof. Ashish Pandey, IIT Bombay
Duration: 8 Weeks
Category: Management Studies, Psychology
Start Date: 17 Feb 2025
End Date: 11 Apr 2025

Enrollment Closes: 17 Feb 2025

Prof. Ashish Pandey is an expert in **organization development, self-management, and leadership**, with extensive research in **spirituality at the workplace, mindfulness, and the business-society interface**.

Register Here: https://onlinecourses.nptel.ac.in/noc25_mg75/preview

The **IKS Division** encourages all individuals interested in **Indian Knowledge Systems, well-being, and self-development** to take advantage of this opportunity. **Enrol before 17 Feb 2025** and explore the wisdom of Yoga and Positive Psychology for professional and personal excellence.

PFA: https://drive.google.com/file/d/1OQd-vz1myVNXaYXhXledSQQ_lzAq1na/view?usp=sharing

Best regards
IKS Team

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